

Friendship Circle - LifeTown Camp Volunteer Handbook

10 Microlab Road, Livingston, NJ 07039 Phone: 973.251.0200

Thank you for volunteering at **Friendship Circle - LifeTown Camp** for Summer 2024.

Please read through this entire Volunteer Handbook and reach out if you have any questions.

Sincerely, Chavi Rosenblum

Friendship Circle - LifeTown Camp Summer 2024

Volunteer Guide: Camp Information At-A-Glance

Telephone numbers:

Office: 973-251-0200 Director's cell phone:

> Chavi: 973-723-4085 Toba: 973-454-3790

Schedule Overview:

Camp dates: Monday, July 29 – Thursday, August 22 (Camp is closed on Fridays *except for Week 3*)

Arrive between 9:00 am and 9:15 am

Camp ends at 3:00 pm

During a day at Friendship Circle Camp, you will be assigned to a participant and will join them for:

- * Recreational swimming
- * Sports
- * Music
- * Creative activity
- * Art
- * Lunch and snack time
- * Specialty Activities: (e.g. daily shows, petting zoo, yoga, martial arts, a Jewish Heritage activity)

To Be Brought to Camp Every Day:

Please remember to wear your FC t-shirt, if you are wearing shorts they must be fingertip-length.

- Bathing suit
- Volunteers must wear the provided swim shirt, which will be given to you on your first day.
- Female volunteers must also wear swim shorts (i.e. biker shorts, dance or gymnastics shorts) and a one-piece bathing suit or appropriate undergarments under the shorts and provided swim shirt.
- Towel
- Water shoes
- Sunscreen

Note: Please label all of your clothing and personal items.

Lunch:

Lunch will be provided for volunteers. Please feel free to bring your own lunch and snacks – must be kosher and nut free, and NO meat.

Verification of absence:

If you cannot attend on your assigned day, please notify via email to chavi@fcnj.com. Please stay home if you or anyone in your household is not feeling well or has been exposed to COVID-19.

Volunteer Rules:

Your signature on the final page of this document indicates that you agree to abide by the following policies and practices established by Friendship Circle Camp:

- Conduct yourself in a way as to positively reflect Friendship Circle Camp.
- You are responsible for the care and use of program equipment, such as games, art supplies, etc. Please return equipment to its proper place when done.
- Camp discourages the use of personal equipment and other personal items during the camp day. Camp assumes no responsibility for damage, loss or theft of these items.
- Smoking, drinking or possession of alcoholic beverages, and possession of illegal drugs is not permitted at camp and is cause for dismissal.
- Please find your group leader or Chavi in the event of an emergency, including but not limited to:
 - o Fire
 - Stranger on camp site
 - Missing participant
 - o Injury or illness first aid is to be administered by authorized staff only

Volunteer Do's and Don'ts:

- **DO** make sure you are ON TIME to camp arrive between 9:00 am and 9:15 am.
- DON'T be late, and please call Chavi in advance if you know you are going to be late.
- DO Sign in at the Volunteer registration and then check in with your group teacher upon arrival.
- **DON'T** leave without telling your group teacher.
- **Do** use your cell if you need!
- **DON'T** use your cell when you are watching your participant, ask someone else to watch and step out of the room to use your cell phone.
- **DO** make sure when your participant comes in with their belongings, everything is labeled.
- **DON'T** put down their belongings in the wrong color group.
- **DON'T** leave participants sitting alone, while you chat with your friends.

- **DO** make sure your participant eats and drinks.
- **DON'T** give your participant any snack or lunch that they haven't brought without asking the group teacher.
- **DO** enjoy swimming with your participant.
- **DO** pay extra attention to your participant in the pool area and make sure they are not left unattended
- DO ask questions to therapists and staff members if you need help or anything else.
- **DO** ask therapists and staff members to speak with parents about any problems with your participant.
- DO make sure you take participants to the bathroom or someone else takes them.
- DO treat your fellow volunteers and staff members with respect and politeness.
- **DON'T** post pictures or videos of Friendship Circle Camp participants or staff online on any website or social media platform.
- DO treat participants with the same degree of courtesy you would expect to give a fellow staff member. This will help to give the participant the feeling that he/she is special, and worth your time.
- Never, under any circumstance, is a volunteer or staff member allowed to strike or manhandle a participant.
- Verbal abuse is prohibited.
- **DO** have a great time and lots of fun! ©

Please sign the next page and return to Friendship Circle staff.

We are looking forward to an enriching summer experience at Friendship Circle Camp!

www.fcnj.com/summercamp23



Friendship Circle - LifeTown Camp Volunteer Handbook Acceptance:

Please sign and return this page.

I have read and understand the volunteer handbook in its entirety. I agree to abide by all of the camp rules listed here for the Friendship Circle - LifeTown season of 2024.

| Name (Print) | |
|--|--|
| Signature | |
| Date | |
| Please list any allergies that you have: | |
| | |

